



WELCOMES

SWEDISH OLYMPIAN SARAH SJOSTROM





Friday March 2, 4 - 7 PM

at Countryside Country Club

ARENA is hosting a clinic with the Female WORLD Swimmer of the Year 2017!

2016 *Olympics*: Gold - 100 Fly, Silver - 200 Free Bronze - 100 Free She has broken the 100 Fly WORLD RECORD 5 times! She holds 4 Long Course World records and 2 Short course records.

This clinic will be FREE of charge and will be for TEAM TBAY only!

Wear your RED TBAY Suit and RED TBAY SHIRT!

- 4:00 5:00 PM Introduction Question and Answer session
- 5:00-6:00 PM Drill Session with Sarah and chosen swimmers in the water.
- 6:00 7:00 PM Autograph and Photo opportunity. Refreshments will be provided.

This is a Sarah's FIRST clinic in the USA and she is spending it with TBAY! WOW! What an honor for TBAY. I am super excited to have this opportunity and I am looking forward to learning from one of the BEST in the world. I understand the start time is early for some school release times. Please feel free to come as soon as you can!

GO TBAY NATION!